

Common Sense Breastfeeding

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Titles on the CD include (others may have been added):

About pumps	Medications and breastfeeding	Scheduling feeds
Ah, nights/Safe sleeping	Most new mothers today decide...	Solids? Wait a bit...
Before you breastfeed	"My baby just doesn't get it"	Staying in touch
Better than "Breast Feeding"!	Nipple pain – some sources and solutions	Thoughts on positioning
Breastfeeding: it's just good sense	Nipple shield	Three-course meal and a dance
First week breastfeeding log**	Normal course of breastfeeding	Tough love
First week engorgement	"Normal" is a very scary word	Triple nipples and early weaning
Formula decision	Nursing, in a nutshell	Wearing your baby
Gaining, gulping, grimacing?	Of puppies and babies	What about Dad?
Getting used to an SNS/feeding tube	"Old Iron Jaws"	"What can she do for me?"
"He can't be hungry. He just ate!"	Onion mothers and shoe salesmen	What can you say when they say...
How babies nurse	Ordinary newborn jaundice	What if I want to wean my baby?
How we make milk	Pacifiers	What your baby expects in life
If your baby must take a bottle	Pumping chart, style A**	Why am I <i>doing</i> this?
Is your child a sparkler?	Pumping chart, style B**	Why La Leche League?
It's not really about the milk	Preparing for breastfeeding	Working and breastfeeding
Labor of nursing	Respecting your baby	Your grandchild is breastfed?
Latch-on pictures with description		
Low-tech mothering		

**copyright-free

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Please send me ___ copies of Common Sense Breastfeeding handouts for mothers CD

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